



## **Full Mask workshop for schools, colleges and universities**

### **Content outline for teachers and lecturers**

Award-winning Vamos Theatre is the UK's leading full mask theatre company, and we've been working with schools and colleges, nationally and internationally, since 2006. We offer Full Mask workshops, suitable for schools, colleges and universities, tailored to suit students at all stages from KS2 to degree level.

The skills of full mask are of great value to all performance students whether or not they currently work directly with mask. Mask performance encourages physical clarity, strong character work, heightened attention to focus, devising skills, and better group communication on and off stage.

Our Full Mask workshops are designed to introduce students to full mask, and the methods Vamos Theatre use to make professional productions.

### **One hour workshop**

A one hour workshop includes:

- A short warm up, preparing the group physically and mentally
- Group exercises exploring non-verbal communication
- Learning how to wear the mask
- Learning how to create a character physically
- An introduction to mask techniques, such as 'clocking'
- Hot-seating in a mask
- Introductory mask scenes: meeting and communicating

### **Two hour workshop**

A two hour workshop begins with the one hour content (unless your group has already participated in this), but delves deeper into mask performance, including:

- A more detailed look at mask techniques, including clocking and focus work with two or more masks on stage
- Learning about 'internal monologue' and the use of script in mask theatre, with reference to our current touring production
- Devising mask scenes in pairs

## Four hour workshop

Beginning with a similar structure to our one and two hour workshops, a four hour workshop includes:

- Further development of characterisation and physical clarity
- The development of group devising in mask, culminating in a sharing
- An exploration of the importance of music and sound in mask performance
- A critical discussion on theatre performance, and what mask theatre techniques can bring to participants' own work.

## Outcomes

Our workshops aim to give students a practical overview of full mask techniques, providing them with the skills to embark on their own mask projects. They will also gain an insight into how a professional theatre company creates original work.

Specific outcomes include:

- Familiarising students with the essential techniques of wearing and performing in full mask, focusing on physical detail and isolation
- Developing students' confidence in physical storytelling
- Developing students' confidence in devising, and encouraging creative thinking
- Helping students to have physical clarity and focus on stage
- Addressing key skills required in mask and physical characterisation and performance
- Enhancing teamwork skills
- Creating an opportunity for shy or under-confident students to shine when performing behind a mask.

All our workshops are challenging, creative, fast-paced, inclusive and great fun. We pride ourselves on engaging every student taking part, and being flexible to the needs of the group. All our workshop leaders hold current DBS certification.

## Booking details

Suitability: students 8 years upwards

Course size: maximum 30 participants

Cost: 1 hour £140 + travel + accommodation

2 hours £230 + travel + accommodation

4 hours £350 + travel + accommodation

Additional hours £70 per hour

Contact Vamos Theatre on 01905 312921, mailto: [info@vamos theatre.co.uk](mailto:info@vamos theatre.co.uk) or via our website at [www.vamos theatre.co.uk/contact-us](http://www.vamos theatre.co.uk/contact-us)