

# Performances for health and care

Vamos Theatre, specialists in non-verbal communication, has been working with health care professionals for over a decade, offering workshops, performances and talks that engage, educate and inspire.

## SHARING JOY

Performed to thousands of people since 2016, *Sharing Joy* is a vibrant and colourful interactive show created for people living with dementia, learning disabilities and other neurological conditions. Through music, dance, puppetry and laughter, the show brings pleasure and meaning to everyone watching, keeping audiences engaged, involved and exhilarated. Set in the 1940s and 1950s, there's music to bring back memories, dancing to enjoy (or join in with), swinging dresses and best suits. It's playful and joyous, encouraging everyone to take part and express themselves - high levels of participation help audiences to feel included and make genuine connections. *Sharing Joy* is for carers, families and loved ones too, so whether you're caring for someone at home or working professionally in care, everyone is welcome.

See more at: [www.vamostheatre.co.uk/sharing-joy](http://www.vamostheatre.co.uk/sharing-joy)



*"Absolutely brilliant! We had residents join in that wouldn't normally participate."* Primelife



## Mischief!

*Mischief!* has been created especially for people with sensory issues, learning disabilities and/or autism, and those living with dementia. It is a 60-minute interactive performance, workshop and celebration featuring comic out-and-about characters, interactive sensory play, and a special mask theatre workshop for staff and students. With tried-and-tested interactive fun for all, *Mischief!* gives everyone involved, regardless of their sensory differences, the opportunity to play, interact and immerse themselves, and explore their capacity for happiness and laughter. It models different ways for supporters to encourage improvisation, spontaneity and creativity, and gives permission to explore.

See more at: [www.vamostheatre.co.uk/mischief](http://www.vamostheatre.co.uk/mischief)

***"Absolutely outstanding performance..."*** Broad Group



## Out for Tea

*Out for Tea* is a short theatre performance designed as a training tool for those working in health and care. This engaging, wordless mask performance shows positive caring in action and practically demonstrate the importance of non-verbal techniques in caring for people living with dementia. The performance features Joy, who has dementia, and her grandson Danny, who cares for her. We watch the relationship between them, the subtle learning that is taking place, the playfulness, and the acceptance. *Out for Tea* works well as a stand-alone training tool or as a springboard for discussion at health and care events.

See more at: [www.vamostheatre.co.uk/out-for-tea](http://www.vamostheatre.co.uk/out-for-tea)

***"A resounding success..."*** Lancashire Workforce Development Partnership



## Walkabout

Vamos Theatre's Walkabout characters bring colour, vibrancy and humour to events and conferences across the world. Used as both an entertainment and learning element of health and care events, our Walkabout characters create an impact and a talking point, break the ice and serve as a springboard for debate. Age UK, Sanctuary Care, Warwickshire County Council, Lancashire Workforce Development Partnership, Worcestershire Health and Care NHS Trust, and Elmley Foundation are just some of the organisations who recommend our Walkabout.

See more at: [www.vamostheatre.co.uk/performance-walkabout](http://www.vamostheatre.co.uk/performance-walkabout)

***"Your contribution was the highlight of our conference."*** Sanctuary Care

